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Days between delivery and date form completed: **[LM29BDAYS]**

days

A. Food intake

In the past 7 days, how often was your baby fed each food listed below? Include feedings by everyone who feeds the baby and include snacks and night-time feedings.

If your baby was fed the food once a day or more, write the number of feedings per day in the first column. If your baby was fed the food less than once a day, write the number of feedings per week in the second column. If your baby was not fed the food at all during the past 7 days, write in 0 in the second column.

If mixed dishes are used, record each item separately.

Fill in only one column for each item

FOODS	<u>FEEDINGS PER DAY</u>	<u>FEEDINGS PER WEEK</u>
1. Breast milk - If no other foods or beverages used, proceed to Section B (Vitamin/mineral supplements) at the end.	A [LLBMILKD]	B [LLBMILKW]
2. Formula. - Specify most common form: ___ powder: ___ number of scoops; ___ ounces of water C. [LLFPWD] Ci. [LLFPWDSCP] Cii. [LLFPWDH2O] ___ concentrated liquid: ___ ounces of formula; ___ ounces of water D. [LLFCONC] Di. [LLFCONCF] Dii. [LLFCONCH2O] ___ ready to use: ___ ounces E. [LLFRTU] Ei. [LLFRTUOZ]	[LLFORMD]	[LLFORMW]
3. Cow's milk - Is it flavored? ___yes ___no C. [LLCOWFLAV]	[LLCOWD]	[LLCOWD]
4. Other milk: (examples: soy, rice, goat's milk, etc)	[JJOTHMLKD]	[JJOTHMLKW]
5. Cheese	[LLCHSD]	[LLCHSW]
6. Ice cream	[LLICECRD]	[LLICECRW]
7. Yogurt	[LLYGRTD]	[LLYGRTW]
8. Other dairy foods: (examples: puddings, etc)	[LLOTHDRD]	[LLOTHDRW]
9. Soy foods: tofu, frozen soy desserts, etc.	[LLSOYD]	[LLSOYW]
10. Water	[LLH2OD]	[LLH2OW]

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FOODS	FEEDINGS PER DAY	FEEDINGS PER WEEK
11. Orange juice (100%)	[LLOJD]	[LLOJW]
12. Juice (apple, pear, etc.) - Specify type: <u>[1]</u> Baby juice (example: Gerber, Heinz) D. [LLJC BRAND] <u>[2]</u> 100% fruit juice (not baby juice)	[LLJCD]	[LLJC W]
13. Other fruit drinks (example: Hi-C, Spacegang, Sunny Delight, etc.)	[LLOTHFDRD]	[LLOTHFDR W]
14. Vegetable juice (only 100%) (example: carrot, tomato, etc.)	[LLVEGJCD]	[LLVEGJ CW]
15. Soft drinks (examples: Coke, Pepsi, 7-Up, etc.)	[LLSODAD]	[LLSOD AW]
16. Kool-Aid, Tang, Sweet tea (example: Nestea, Lipton, etc.)	[LLSUGDRD]	[LLSUGDR W]
17. Whole grain baby cereal (examples: infant oatmeal, whole wheat baby cereal, etc.) Do you add sugar? __yes __no C. [LLWG CRLS] If yes, how much? _____ teaspoons D. [LLWG CRLSTS]	[LLWG CRLD]	[LLWG CRLW]
18. Regular baby cereal (examples: regular rice baby cereal, etc.) Do you add sugar to cereal? __yes __no C. [LLRG CRLS] - If yes, how much? _____ teaspoons D. [LLRG CRLSTS]	[LLRG CRLD]	[LLRG CRLW]
19. Whole grain breakfast cereals (examples: Cheerios, Mini Wheats, etc.) - Is it pre-sweetened? __ yes __no C. [LLWGB CRLPS]	[LLWGB CRLD]	[LLWGB CRLW]
20. Whole grain teething biscuits crackers and breads	[LLWG CRKD]	[LLWG CRKW]
21. Whole grain pasta and brown rice	[LLWG PBRD]	[LLWG PBRW]
22. Regular breakfast cereals (examples: Corn flakes, etc.) Is it pre-sweetened? __ yes __no C. [LLRB CRLPS]	[LLRB CRLD]	[LLRB CRLW]
23. Regular teething biscuits, crackers and breads	[LLRC RKD]	[LLRC RKW]
24. Regular pasta and white rice	[LLRP WRD]	[LLRP WRW]
25. Banana - Specify most common form: <u>[1]</u> fresh fruit C. [LLBN ASP] <u>[2]</u> commercial baby food	[LLBN AD]	[LLBN AW]
26. Apple - Specify most common form: <u>[1]</u> fresh fruit C. [LLAP LSP] <u>[2]</u> commercial baby food <u>[3]</u> canned or preserved	[LLAP LD]	[LLAP LW]
27. Pear - Specify most common form: <u>[1]</u> fresh fruit C. [LLPE ARSP] <u>[2]</u> commercial baby food <u>[3]</u> canned or preserved	[LLPE ARD]	[LLPE ARW]

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FOODS	FEEDINGS PER DAY	FEEDINGS PER WEEK
28. Citrus fruits (example: orange, mandarin, etc.) - Specify most common form: <u> </u> [1] <u> </u> fresh fruit C. [LLCITSP] <u> </u> [2] <u> </u> commercial baby food <u> </u> [3] <u> </u> canned or preserved	[LLCITD]	[LLCITW]
29. Melons - Specify most common form: <u> </u> [1] <u> </u> fresh fruit C. [LLMELSP] <u> </u> [2] <u> </u> commercial baby food	[LLMELD]	[LLMELW]
30. Mango and papaya - Specify most common form: <u> </u> [1] <u> </u> fresh fruit C. [LLMGOSP] <u> </u> [2] <u> </u> commercial baby food <u> </u> [3] <u> </u> canned or preserved	[LLMGOD]	[LLMGOW]
31. Other fruit - Specify most common form: <u> </u> [1] <u> </u> fresh fruit F. [LLOTHFTSP] <u> </u> [2] <u> </u> commercial baby food <u> </u> [3] <u> </u> canned or preserved	[LLOTHFTD]	[LLOTHFTW]
32. Carrots - Specify most common form: <u> </u> [1] <u> </u> raw or cooked at home C. [LLCRTSP] <u> </u> [2] <u> </u> commercial baby food <u> </u> [3] <u> </u> canned or preserved	[LLCRTD]	[LLCRTW]
33. Green beans - Specify most common form: <u> </u> [1] <u> </u> raw or cooked at home C. [LLGBSP] <u> </u> [2] <u> </u> commercial baby food <u> </u> [3] <u> </u> canned or preserved	[LLGBD]	[LLGBW]
34. Corn - Specify most common form: <u> </u> [1] <u> </u> raw or cooked at home C. [LLCORNSP] <u> </u> [2] <u> </u> commercial baby food <u> </u> [3] <u> </u> canned or preserved	[LLCORND]	[LLCORNW]
35. Squash - Specify most common form: <u> </u> [1] <u> </u> raw or cooked at home C. [LLSQSHSP] <u> </u> [2] <u> </u> commercial baby food <u> </u> [3] <u> </u> canned or preserved	[LLSQSHD]	[LLSQSHW]
36. Other vegetables (examples: tomato, lettuce, broccoli, etc.) - Specify most common form: <u> </u> [1] <u> </u> raw or cooked at home C. [LLOTHVEGSP] <u> </u> [2] <u> </u> commercial baby food <u> </u> [3] <u> </u> canned or preserved	[LLOTHVEGD]	[LLOTHVEGW]
37. Potatoes/sweet potatoes	[LLPOTD]	[LLPOTW]
38. French fries or other fried potatoes	[LLFPOTD]	[LLFPOTW]
39. Plantain	[LLPLTD]	[LLPLTW]

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FOODS	FEEDINGS PER DAY	FEEDINGS PER WEEK
40. Other roots (manioc, yucca, yautia, apio)	[LLOTHRTD]	[LLOTHRTW]
41. Beans	[LLBEAND]	[LLBEANW]
42. Beef or pork (includes sausages and baby foods)	[LLBEEFD]	[LLBEEFW]
43. Chicken or turkey (includes baby foods)	[LLCHKD]	[LLCHKW]
44. Fish, canned (example: tuna or salmon)	[LLFISHD]	[LLFISHW]
45. Other fish	[LLOTHFISHD]	[LLOTHFISHW]
46. Eggs (whole, yolk or egg whites)	[LLEGGD]	[LLEGGW]
47. Peanuts, peanut butter, and other nuts	[LLNUTD]	[LLNUTW]
48. Candies (chocolate bars, popsicles, hard candy, etc)	[LLCANDYD]	[LLCANDYW]
49. Cakes	[LLCAKED]	[LLCAKEW]
50. Cookies (sugar, chocolate chips, oat cookies, etc.)	[LLCOOKID]	[LLCOOKIW]
51. Chips (examples: Doritos, Lays, Cheetos, etc.)	[LLCHIPD]	[LLCHIPW]
52. Other sweets	[LLOTHSWTD]	[LLOTHSWTW]
53. Margarine	[LLMARGD]	[LLMARGW]
54. Butter	[LLBUTD]	[LLBUTW]
55. Oil (examples: corn, canola, sunflower, olive, etc.)	[LLOILD]	[LLOILW]

B. Use of vitamin and mineral supplements.

How often have you given the following supplements in the past 7 days? Mark with an X only one frequency for each supplement

Supplement	Never	Only rarely	Every few days	About once a day	More than once a day
1. Iron drops [LLIRON]	0	1	2	3	4
2. Fluoride drops [LLFLUOR]	0	1	2	3	4
3. Vitamin D drops [LLVITD]	0	1	2	3	4
4. Folic acid [LLFOLIC]	0	1	2	3	4
5. Infant's Multivitamins [LLMVIT]	0	1	2	3	4